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# Retinal vessel model fabricated on a curved surface structure for a simulation of microcannulation

Takeshi Hayakawa<sup>1\*†</sup> , Ippei Kato<sup>1†</sup>, Fumihito Arai<sup>1†</sup>, Mamoru Mitsuishi<sup>2</sup>, Naohiko Sugita<sup>2</sup>, Kanako Harada<sup>2</sup>, Shinichi Tanaka<sup>2</sup>, Yasuo Noda<sup>3</sup> and Takashi Ueta<sup>3</sup>

## Abstract

A remarkable number of vitreoretinal surgeries are performed each year despite their difficulty. As a result, a high demand exists for a mock-up simulator of retinal vessels to simulate these surgeries. Thus, we propose an artificial retinal vessel model for simulating microcannulation surgery. Using laser lithography, polydimethylsiloxane molding, and hydraulic transfer techniques, we fabricated microchannels approximately  $\approx 10 \mu\text{m}$  on a 24-mm-diameter curved surface structure that mimics the human eye. In the fabrication, the channel size and wall thickness were controlled to mimic a touch of retinal vessels, which gives important information for microcannulation. We succeeded in fabrication of the proposed model and liquid circulates within the microchannels of this model without leaking. Furthermore, we demonstrated a simulation of microcannulation and measurement of applied force to the model during the simulation using a force sensor placed at the bottom of the model. The results of such experiments are useful to quantitatively evaluate medical techniques.

**Keywords:** Surgical simulator, Retinal vessel, 3D microfabrication

## Background

Vitreoretinal surgeries have become quite common over the last few decades. For example, approximately 300,000 operations are conducted annually in Japan, and this number is predicted to increase because of the aging population. One such operation is called microcannulation, which is proposed to patients with central retinal vein occlusion [1]. In microcannulation, a surgeon inserts a micropipette into the eyeball and reaches the eye fundus, which is a curved concave structure (Fig. 1a). Next, the surgeon finds the occluded vein on the fundus and, via the micropipette, injects a thrombolytic drug into the vein to dissolve the clots. This operation requires mature surgical skills because the retinal vessel is less than  $100 \mu\text{m}$  in diameter (Fig. 1b). This technique is used

despite human hand tremors measuring approximately  $100 \mu\text{m}$  [2, 3]. Furthermore, the retinal vessels lie on the curved surface and surgeons must find the target vessel based on their senses of vision and touch. Therefore, obtaining the skill required to perform microcannulation surgery takes a long time, and the consequent long evaluation and training of young doctors is one of the drawbacks of microcannulation. Another drawback of this approach is the evaluation of new medical equipment. Several medical equipment for this difficult surgery, such as surgical robots, have been proposed in recent years [4–6]. However, large barriers currently prevent commercialization of these new instruments, including the lengthy period required for clinical trials. Thus, a demand exists for methods to reduce the time to market for such equipment and shorten the training and evaluation periods required for surgeons.

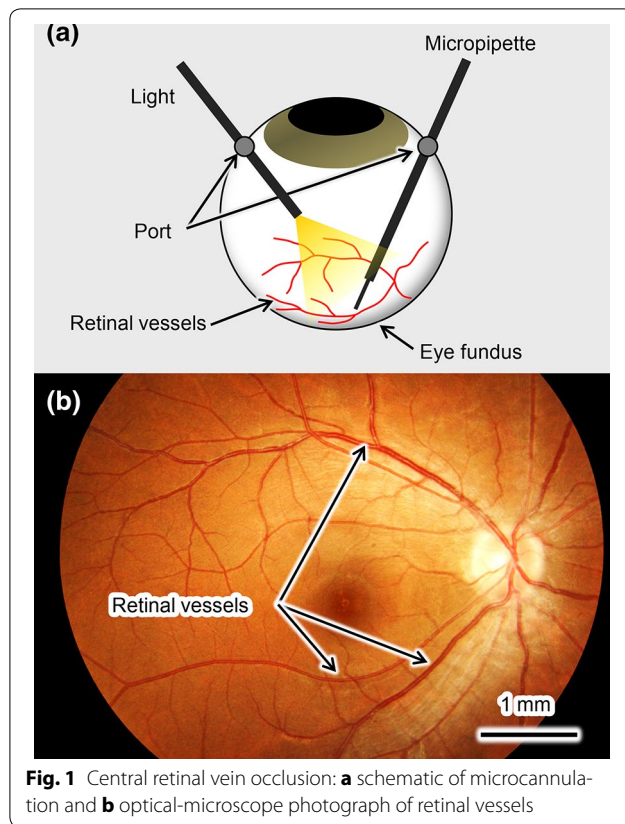
At present, training and evaluation of this medical technique are done with animal samples such as swine eyes or chick embryos [4–10]. However, structural differences between individual animal samples are significant, so the

\*Correspondence: t-hayakawa@mech.nagoya-u.ac.jp

<sup>†</sup>Takeshi Hayakawa, Ippei Kato and Fumihito Arai contributed equally to this work

<sup>1</sup> Department of Micro-Nano Systems Engineering, Nagoya University, Furo-cho, Chikusa-ku, Nagoya 464-8603, Japan

Full list of author information is available at the end of the article



conditions of evaluation or training differ for each trial. Furthermore, using such animal samples in an actual operating room presents contamination risks. Therefore, a high demand exists for a reproducible method of evaluating vitreoretinal surgery techniques that can be used in an actual operating room.

One response to this demand is a surgical simulator. Basically, two types of surgical simulators exist: a computer-based virtual reality (VR) simulator [11–15], and a mock-up simulator made of artificial materials [16–20]. Once electronic data from the target parts are acquired, the VR simulator can construct the target parts with high reproducibility. However, mimicking the physical sensation of touch or the texture of a retinal vessel with the VR simulator is very difficult, and such sensations are critical for the surgeon performing vitreoretinal surgery. Additionally, the effect of new medical equipment on the human body is difficult to evaluate because interactions between the human body and medical equipment are too complex to completely reproduce with current computer technology. Thus, VR simulators are not suitable for evaluating medical techniques.

The second approach of a mock-up simulator has the advantage that it can be physically touched, allowing the

user to learn the requisite sensations of touch or texture. Mock-up simulators use individual samples that are highly reproducible because of their well-controlled fabrication methods. Mimicking blood flow can also be implemented by circulating a liquid in the vessel models by connecting them to external tubes and pumps. Furthermore, selection of appropriate materials allows the simulator to be sterilized and facilitate the reproduction of the effects of such medical equipment on the human body. Thus, mock-up simulators can be used in actual operating rooms to evaluate the performance of medical equipment. Therefore, the goal of this research is to develop a mock-up surgical simulator to allow evaluation of medical techniques (e.g., surgical skills) or the performance of medical equipment.

Several studies have already been published discussing mock-up simulators for various sections of blood vessels [17–20]. For large vessels (in mm) such as the coronary artery or arteries in the brain, such simulators can benefit from 3D printing technology. To simulate catheterization surgery, Ikeda et al. fabricated a millimeter-sized 3D vessel model made of polydimethylsiloxane (PDMS) using the lost-wax method [17, 18]. However, fabricating a model of fine vessels of size below 100  $\mu\text{m}$  (e.g., retinal vessels) is difficult with this method. Photolithography-based fabrication techniques can be applied to fabricate models of smaller vessels. For example, Nakano et al. fabricated a microchannel that mimics a fine blood vessel with sizes down to about 10  $\mu\text{m}$  using photolithography techniques and PDMS molding [19]. Although photolithography offers sufficient resolution for the retinal vessel model, it can only be applied to 2D structures. The target of the present study, however, is to model retinal vessels of size about 100  $\mu\text{m}$  and that lie on the eye fundus, which forms a concave curved surface. Therefore, both the above-mentioned fabrication methods are difficult to apply in this case (i.e., a retinal vessel model with microchannels on a curved surface).

We thus propose a retinal vessel model with microchannels smaller than 100  $\mu\text{m}$  that lie on a concave curved surface. This retinal vessel model is fabricated by combining laser-lithography-based fabrication techniques, PDMS molding, and hydraulic transfer techniques. Furthermore, the microchannel wall thickness is controlled with 10  $\mu\text{m}$  accuracy to mimic the physical human sensation of touching retinal vessels. We circulate liquid through the fabricated microchannels and simulate a microcannulation procedure. We also measure the force applied to the model during the simulated surgery to demonstrate the usefulness of the proposed model not only for qualitative evaluation but also for quantitative evaluation of medical techniques.

## Concept

Figure 2 shows the concept of the proposed retinal vessel model, which consists of three layers. The bottom layer is a curved surface structure (curvature diameter of 24 mm) that mimics the human eye. The middle layer is a PDMS sheet with microchannels less than 100  $\mu\text{m}$  in size, which mimics the structure of human retinal vessels. Finally, the top layer consists of a thin PDMS sheet, whose thickness is controlled to within about 10  $\mu\text{m}$  to mimic the sensation of touching human retinal vessels.

First, microchannels in the middle layer are fabricated on a PDMS sheet by laser lithography techniques and PDMS molding. Next, this middle layer is transferred to the concave bottom layer using a hydraulic transfer technique. The result is a fine vessel structure (vessels less than 100  $\mu\text{m}$  in diameter) superposed on the concave surface. Third, again using hydraulic transfer, the 10- $\mu\text{m}$ -thick top layer is laid on the middle layer. Thus, the wall thickness of the top of the microchannels can be controlled to mimic the sensation of touching a retinal vessel. Furthermore, the mechanical properties of the model, such as Young's modulus or tear strength, can be tuned by changing the mixing ratio of the base resin and the curative reagent for PDMS. Therefore, this model offers both the physical structure of human retinal vessels and the tactile sensation of touching them.

All parts of the model consist of PDMS or glass, which can withstand high temperatures and sterilization. As a result, the model can be used in actual operating rooms. Additionally, the microchannels can be connected to external tubes, as shown in Fig. 2a, allowing liquid to be circulated through the microchannels for mimicking blood flow. This enables us to circulate liquid in the microchannel for mimicking blood flow. Thus, the

surgical procedure of injecting thrombolytic drugs into veins with a micropipette can be simulated with the proposed model. Furthermore, the force applied during the simulation can be measured using a force sensor placed underneath the model. The force information can be used to quantitatively evaluate medical techniques. We thus expect the proposed model to strongly contribute to evaluating surgical techniques or medical equipment and in the training of surgeons for retinal vessel surgery.

## Fabrication

### Design of microchannel

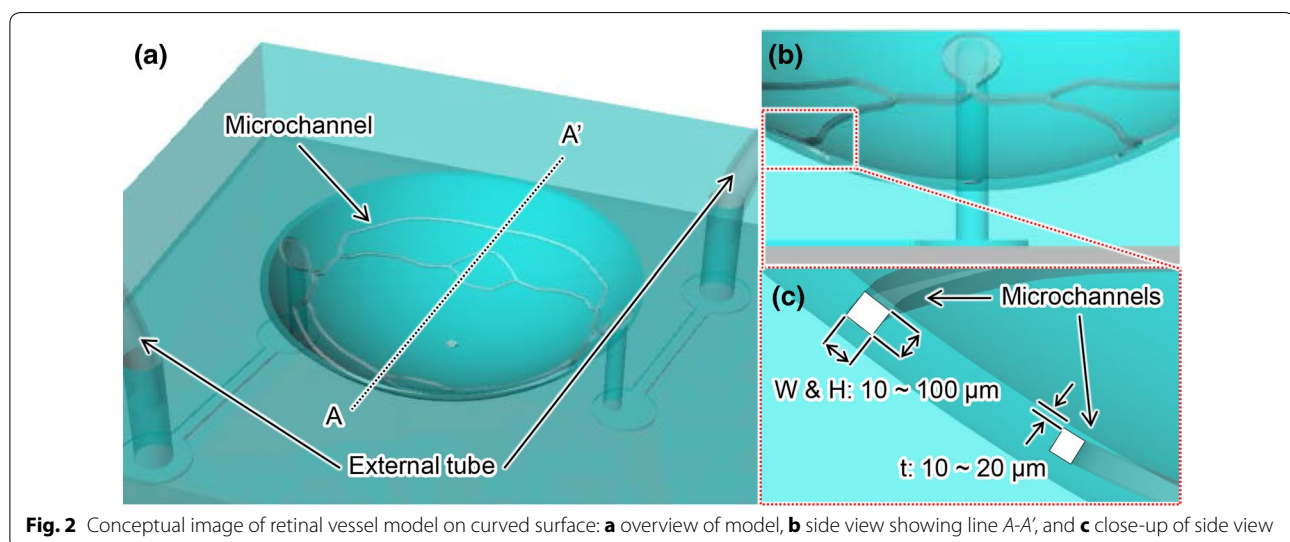
First, we designed microchannels for mimicking retinal vessels based on a shape of real retinal vessels. We simplified shape of real retinal vessels as shown in Fig. 3 and determined sized of vessels according to Murray's law [21, 22]. Murray's law states that the cube of radius of a parent vessel equals the sum of the cubes of the radii of the daughters, as shown in Fig. 3a and following equation.

$$R_0^3 = R_1^3 + R_2^3 \quad (1)$$

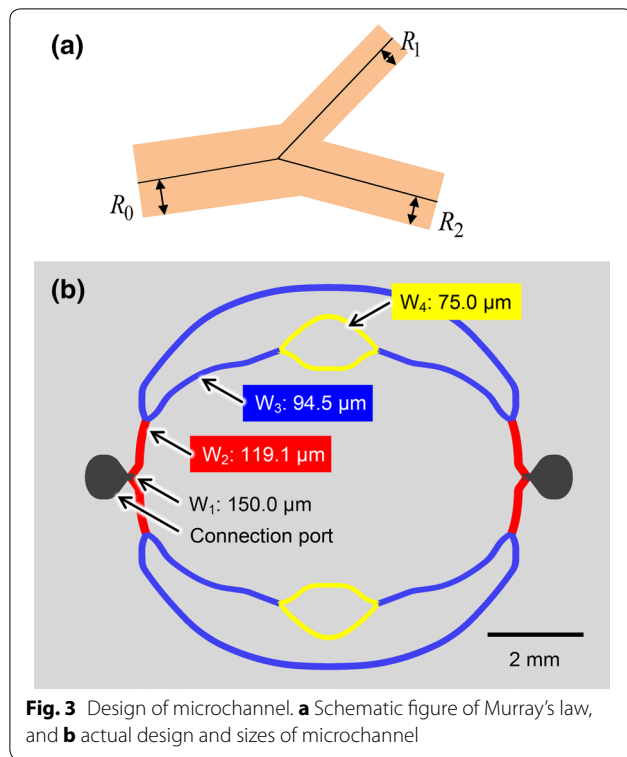
We determined the width of first channel ( $W_1$ ) as 150.0  $\mu\text{m}$  (radius:  $R_1 = 75.0 \mu\text{m}$ ), and calculated the width of second channel ( $W_2$ ) as 119.1  $\mu\text{m}$  (radius:  $R_2 = 59.5 \mu\text{m}$ ) according to Murray's law. Similarly, we calculated the width of third and fourth channels as  $W_3 = 94.5 \mu\text{m}$  (radius:  $R_3 = 47.2 \mu\text{m}$ ), and  $W_4 = 75.0 \mu\text{m}$  (radius:  $R_4 = 37.5 \mu\text{m}$ ), respectively.

### Mechanical characteristics of PDMS

Second, we confirmed that the mechanical characteristics of PDMS may be suitably controlled by changing the mixing ratio of the main resin and curative reagent. In this study, we focus on Young's modulus and tear strength



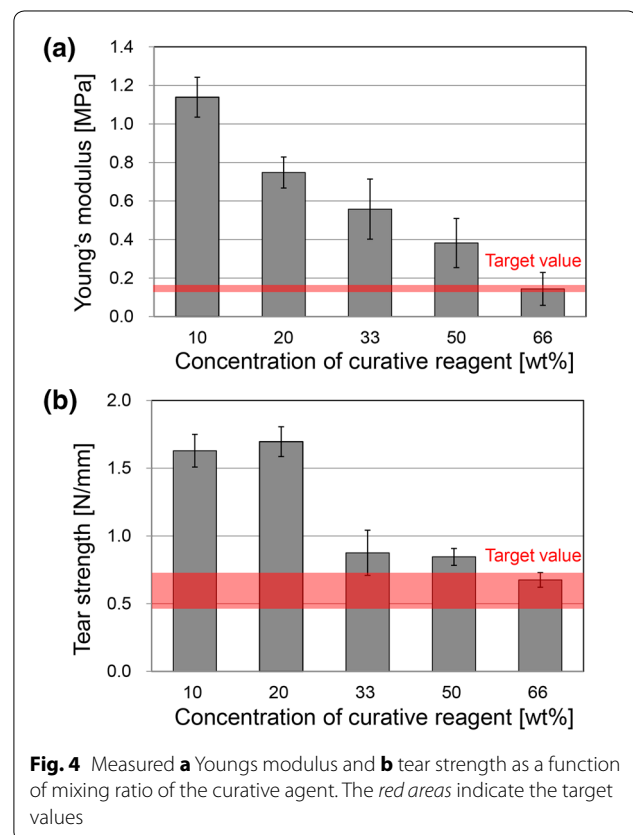
**Fig. 2** Conceptual image of retinal vessel model on curved surface: **a** overview of model, **b** side view showing line A-A', and **c** close-up of side view



because our target is to simulate microcannulation, and these two parameters are thought to be strongly related to the sensation of touching retinal vessels and of feeling a puncture. Park et al. discussed the controllability of the mechanical characteristics of PDMS and used this approach to evaluate surgical skills for a coronary-artery bypass graft [23]. Although the coronary-artery target differs from the target of this study (i.e., retinal vessels), we use the same Young's modulus and tear strength in our model as a reference (i.e.,  $0.13 \pm 0.02$  MPa and  $0.6 \pm 0.13$  N/mm, respectively).

The Young's modulus and tear strength were evaluated based on the Japanese Industrial Standards (JIS) K6251 and K6252, which are equivalent to the International Organization for Standardization (ISO) 37 and 34. The dumb-bell test piece 7 and the angle test piece were used as samples. Each sample was pulled at 200 mm/min and 500 mm/min. We fabricated samples with various mixing ratios (ratio of curative reagent to main resin) of 10, 20, 33, 50 and 66 wt%. The tensile tests were done three times for each mixing ratio.

Figure 4a and b show the measured Young's modulus and tear strength, respectively. We tuned the Young's modulus from 0.14 to 1.14 MPa and the tear strength from 0.68 to 1.70 N/mm. Considering the target values, we chose a mixing ratio of 66 wt% for this study. Furthermore, we performed preliminary sensory testing by



ophthalmologist about sensation of touch and puncture. By using flat vessel model, we confirmed that the PDMS with mixing ratio of 66 wt% are the most suitable for retinal vessel model.

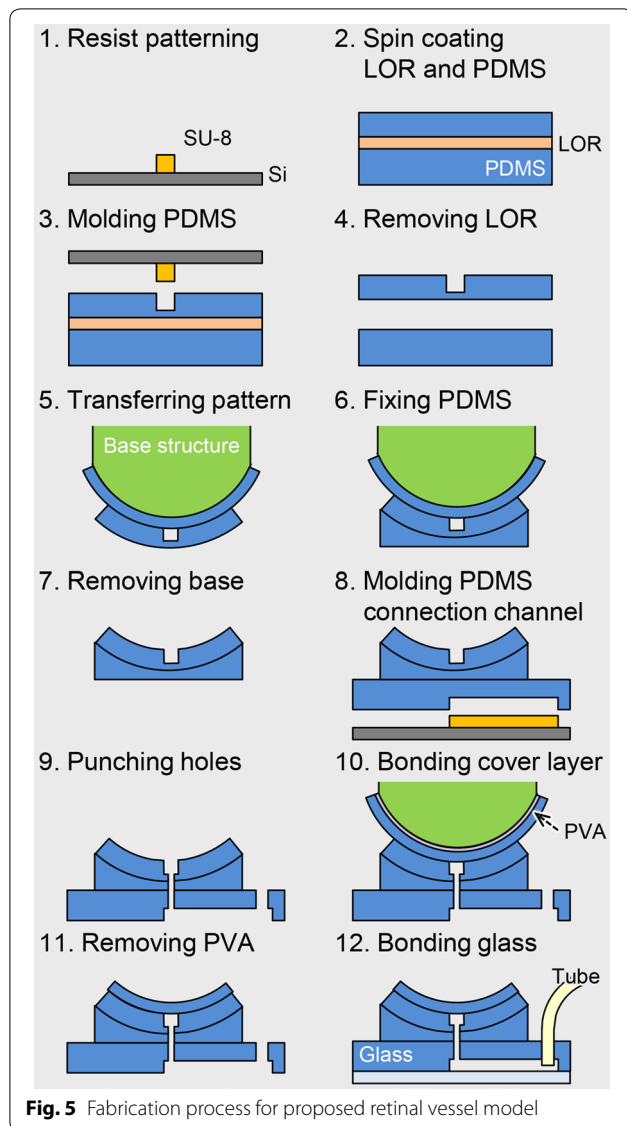
#### Hydraulic transfer of PDMS sheet

To fabricate a retinal vessel structure on a curved surface, we hydraulically transferred the PDMS pattern. Hydraulic transfer is generally used for printing on curved surfaces [24, 25]. By floating a printed film on water and pressing a curved surface onto the film, uniform printing on the curved surface is obtained. Retinal vessels on a curved surface are obtained by overlaying patterned PDMS sheets on a curved surface, as shown in Fig. 5. With this hydraulic transfer process, we can realize the fine microchannel with size of  $\approx 10$   $\mu\text{m}$  on a curved surface, which is difficult to achieve with conventional fabrication techniques.

The details of fabrication are as follows:

1. Pattern SU-8 photoresist (Nippon Kayaku Co. Ltd, Tokyo, Japan) on a silicon surface by laser lithography. This pattern is used as a mold for the microchannels and the size of the microchannels can be locally controlled by adjusting the exposure conditions.

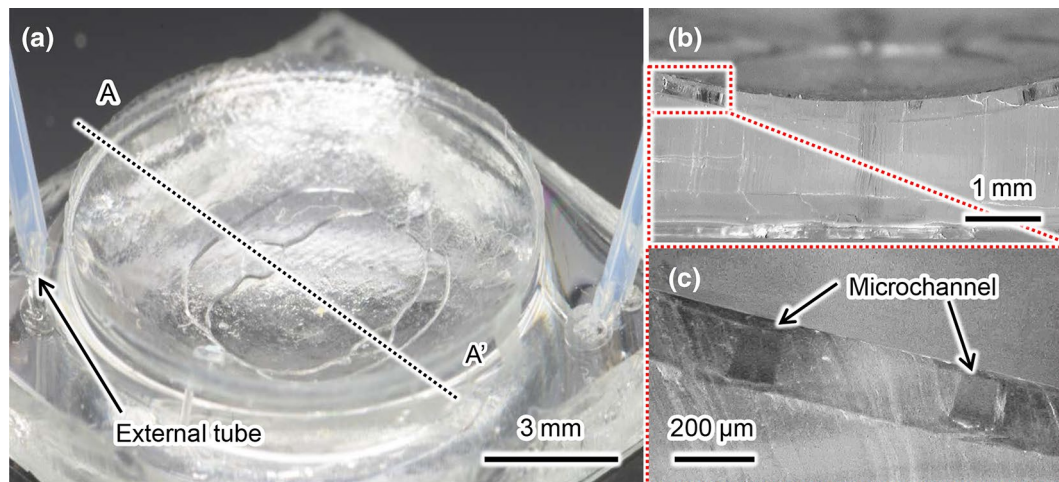




1. Resist patterning
  2. Spin coating LOR and PDMS
  3. Molding PDMS
  4. Removing LOR
  5. Transferring pattern
  6. Fixing PDMS
  7. Removing base
  8. Molding PDMS connection channel
  9. Punching holes
  10. Bonding cover layer
  11. Removing PVA
  12. Bonding glass
8. Pattern a connection channel at the bottom of the curved PDMS surface. The mold for the connection channel is fabricated by photolithography.
  9. Punch holes into microchannel and connection channel to connect external tubes.
  10. For a cover layer, bond the thin PDMS sheet to the curved surface. The polyvinyl alcohol (PVA) and thin PDMS sheet are coated onto the base structure by dip coating. The PVA is used to demold the thin PDMS sheet from the base structure.
  11. Dissolve PVA with hot water and remove base structure.
  12. Bond bottom glass to model to seal the connection channel and connect the external tubes.
- In this fabrication process, the 10- $\mu\text{m}$ -sized microchannel can be fabricated by using laser lithography (step 1 in Fig. 5). The patterning on a curved structure is done by using hydraulic transfer (steps 5 and 6). Furthermore, the thickness of the cover layer is controlled by changing the dip-coating conditions (step 10). This means that the wall thickness of the microchannels can be controlled to best mimic the sensation of touching retinal vessels. According to Ref. [26], the wall thickness of retinal vessels ranges in humans from 10 to 20  $\mu\text{m}$ . We tentatively confirmed that this range can be covered by changing the drawing speed of the dip-coating process. In this study, we use a 20  $\mu\text{m}$  cover layer.
- According to our proposed fabrication process, the cross section of the fabricated vessel model is square because the cross-section of the patterned photoresist is square. We have already fabricated the vessel model with circular vessel cross sections by using a reflow process with the patterned photoresist [19]. However, this approach requires additional processing steps, which increases the cost of fabrication. Therefore, this approach is not favored for commercial versions of this model. In addition, we made preliminary evaluations of both the square- and circular-cross-section microchannels. According to qualitative evaluations of these two models by medical doctors, no significant difference is apparent between the models with vessels of different cross-sectional shape. We therefore used vessels with square cross-sections in this study.

## Results

The fabricated retinal vessel model is shown in Fig. 6. The channel was neither broken nor collapsed after the hydraulic transfer, as shown in Fig. 6b and c. We varied the width and height of the vessels from 75.0 to 119.1  $\mu\text{m}$  to mimic the size range of actual retinal vessels. Details of the design values and the measured results for the three typical parts of the samples are shown in Table 1. The



**Fig. 6** Photographs of fabricated model: **a** overview, **b** cross-sectional view cut along line A-A', and **c** enlarged image of cross-sectional view

**Table 1** Measurements of fabricated model (N = 5)

| Design value |        | Fabricated results |             |
|--------------|--------|--------------------|-------------|
| W (μm)       | H (μm) | W (μm)             | H (μm)      |
| 119.1        | 119.3  | 119.3 ± 2.5        | 124.9 ± 4.2 |
| 94.5         | 94.9   | 93.7 ± 1.7         | 99.8 ± 3.4  |
| 75.0         | 74.8   | 73.2 ± 1.1         | 77.5 ± 3.1  |

aspect ratio of these vessels is approximately 1.0. In addition, we evaluate the thickness of the cover-layer PDMS sheet, which is related to sensation of touching a retinal vessel. We measured the thickness at five points on a sample and the average value of these five thicknesses is  $19.3 \pm 0.3 \mu\text{m}$ , which is close to the target value of  $20 \mu\text{m}$ . The standard deviation of the thickness is less than 2 % of the target value. Thus, we conclude that the proposed model can be fabricated with good reproducibility.

Next, we tested the circulation of liquid in the microchannel by injecting a blue liquid into the microchannel via the external tube connected to the model. The injected liquid circulated through the channel without leakage, as shown in Fig. 7 (Additional file 1).

Based on these results, we conclude that the proposed retinal vessel model was successfully fabricated on a concave surface. This fabrication method can thus be used to fabricate microchannels on concave surfaces.

## Discussion

### Simulation of microcannulation

Finally, we report a microcannulation procedure simulated by the fabricated retinal vessel model. The standard microcannulation procedure consists of the following four steps [27]:

1. Approach target retinal vessel with micropipette.
2. Puncture target vessel with micropipette.
3. Inject thrombolytic drug via the micropipette and hold micropipette in place for approximately 30 s.
4. Withdraw micropipette from retinal vessel.

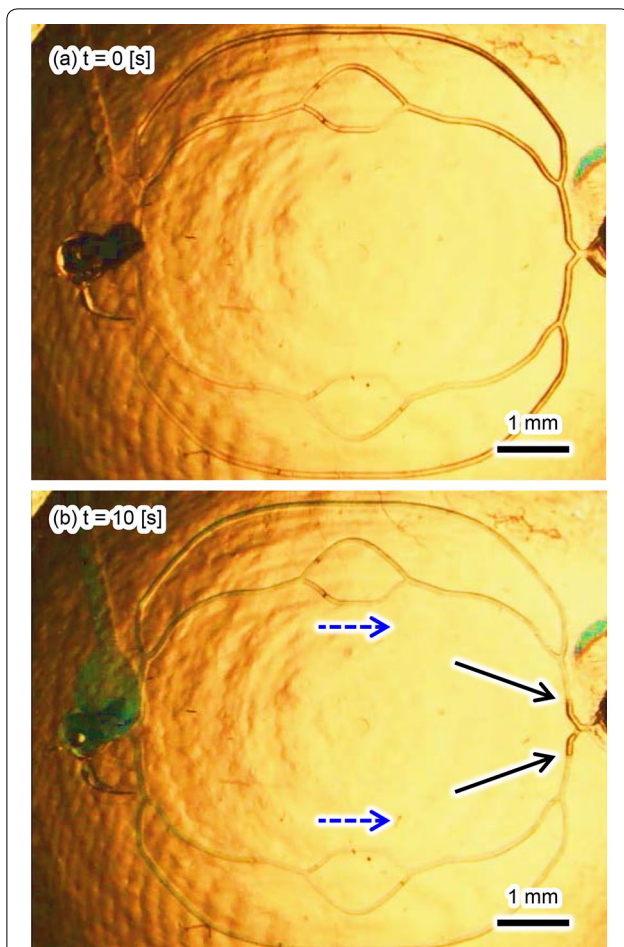
Additionally, we measured the vertical force applied to the model during this procedure by using a load cell placed underneath the model.

Photographs taken before and after puncturing (step 2) are shown in Fig. 8a and b, respectively. The micropipettes successfully puncture the microchannel and inject the liquid into the channel (Additional file 2). The vertical force applied during the procedure is shown in Fig. 8c and varies from approximately  $-150$  to  $180$  mN. Here, negative values indicate that the force is applied downward towards the model (i.e., a pushing force). Similarly, positive values indicate a pulling force. Thus this model allows quantitative measurements of the force applied during the simulation of a microcannulation procedure.

### Future works

We propose herein a retinal vessel model and describe how to fabricate the model. Further functionalization of the proposed model is also discussed.

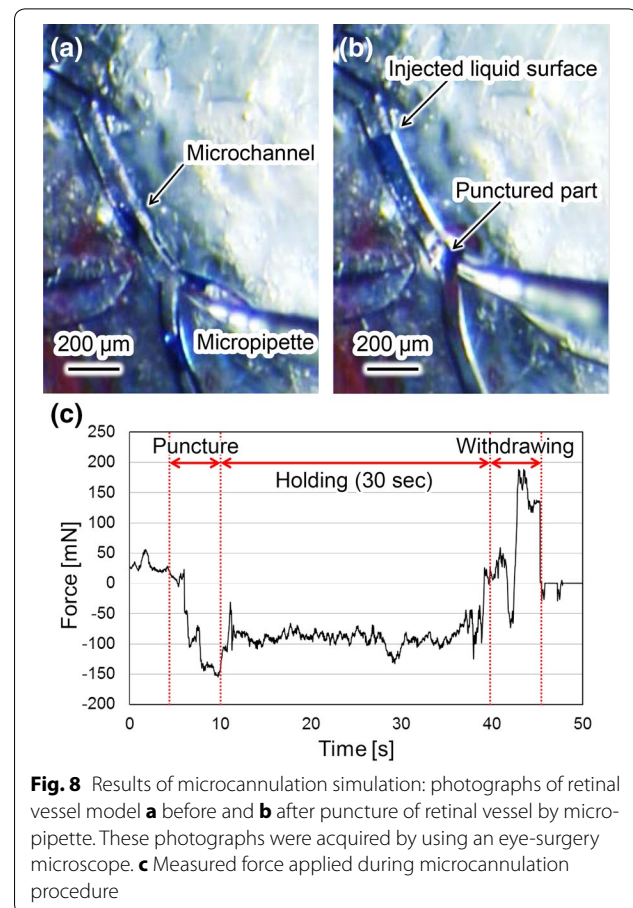
Simulating entire steps of microcannulation surgery requires a whole-eye model. In this study, we focus on simulating the retinal vessels at the posterior segment of the eye. Our model can be used to simulate the puncture and injection processes in microcannulation surgery. However, other processes in an actual operation, such as insertion of forceps into the eyeball, should also be simulated. To do so would require a whole-eye model that can mimic the structures and mechanical characteristics of



**Fig. 7** Successive photographs of the circulation of liquid through the microchannel: **a** start of circulation and **b** 10 s later. The *black arrows* point to the air-liquid interface, whereas the *blue dotted arrows* show the direction of flow

whole parts of the human eyeball. The fabrication of such a complex 3D structure with the appropriate materials is planned in future work.

Furthermore, we demonstrate the measurement of applied force with the proposed model, as shown in Fig. 8c. Integrating such sensing functions into a mock-up surgical simulator is of great use for quantitatively evaluating medical techniques. Other surgical procedures use thermal or electrical effects for treatments. Simulating the associated sensing functions (e.g., thermal or electrical sensors) is required to evaluate these surgical procedures. Such highly-functionalized surgical simulators will be reported in the near future.



**Fig. 8** Results of microcannulation simulation: photographs of retinal vessel model **a** before and **b** after puncture of retinal vessel by micropipette. These photographs were acquired by using an eye-surgery microscope. **c** Measured force applied during microcannulation procedure

## Conclusions

We propose herein a retinal vessel model fabricated on a concave surface to simulate microcannulation. The structure of the proposed model is very reproducible and can be sterilized for use in actual operating rooms. The model is fabricated by using laser lithography, PDMS molding, and hydraulic transfer, and can create vessels as small as  $10\ \mu\text{m}$  in size. Furthermore, we confirmed that liquid can be circulated through the fabricated microchannel. In addition, we simulate the puncture and injection processes of microcannulation. We also measure the applied force by using a force sensor placed underneath the model. Such sensing is quite important to quantitatively evaluate surgical skills or the performance of medical equipment. The proposed retinal vessel model and the associated sensing function strongly contribute to evaluating medical techniques, which are vital to ensure high-quality and safe medical procedures.



## Additional files

**Additional file 1: Circulation.** Movie file of liquid circulation to fabricated retinal vessel model (Fig. 7).

**Additional file 2: Puncture.** Movie file of simulation of puncture and injection process with fabricated retinal vessel model (Fig. 8).

### Authors' contributions

All authors performed conception and design of the study. IK performed collection of data, analysis and interpretation of data, TH and FA performed drafting of the manuscript and all authors performed critical revision of the manuscript. All authors read and approved the final manuscript.

### Author details

<sup>1</sup> Department of Micro-Nano Systems Engineering, Nagoya University, Furo-cho, Chikusa-ku, Nagoya 464-8603, Japan. <sup>2</sup> Department of Mechanical Engineering, School of Engineering, The University of Tokyo, 7-3-1 Hongo, Bunkyo-ku, Tokyo 113-8656, Japan. <sup>3</sup> Department of Ophthalmology, School of Medicine, The University of Tokyo, 7-3-1 Hongo, Bunkyo-ku, Tokyo 113-8655, Japan.

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### Competing interests

The authors declare that they have no competing interests.

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